

Central Jersey Intergroup presents...

I.D.E.A. DAY 2024

International Day Experiencing Abstinence

Join us in person for fun and fellowship!

"Staying In Recovery Through the Holidays"

Featuring Speakers and a Long-Timers Panel

## Saturday November 16, 2024 Registration begins at 9:30 am Program 10:00am - 3:00 pm

Aldersgate United Methodist Church 568 Ryders Ln, East Brunswick, NJ 08816

Bring your own lunch - refrigerators available Good restaurantes nearby Coffee will be provided

Suggested Donation \$5.00 (even if you cannot pay, come anyway, that's the OA way!)

> For more information contact: Alex 732-618-1542 or Ross 732-239-7209