



Special Events Committee

# Step One

The Only Step We Need  
To Get Down Perfectly!

"We admitted we were powerless over food and  
our lives had become unmanageable."

Seminar-style, speaker  
followed by Q & A and shares

Sunday 8/10/2025 1-3pm ET

Zoom ID: 840 8195 8572

Passcode: 803054

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