

Overeaters Anonymous Region 8 Twelfth Step Within Committee



Presents:

The Three-Legged Stool of Recovery: Physical, Emotional, and Spiritual

Sunday, September 14, 2025

3:00 p.m. to 5:00 p.m. EDT | 2:00 p.m. to 4:00 p.m. CDT

Three Speakers followed by Questions, Answers, and Open Sharing



Zoom ID and Link:

https://us02web.zoom.us/j/85389866078? pwd=mXW16rln7podUhlucs99OTJnLfaQC8.1

Meeting ID: 853 8986 6078

Passcode: 595072

