

# PHILADELPHIA AREA INTERGROUP OF OVEREATERS ANONYMOUS MEETING LIST

For changes to this list, please email: [Vicechair@oa-phila.org](mailto:Vicechair@oa-phila.org)

The most recent changes are highlighted in **yellow**

**UPDATED: September 17, 2025 (No changes to this list since this date)**

## MONDAY(4)

| NAME OF MEETING                                                                                                                       | TIME     | CODES    | CONFERENCE CALL /ZOOM MEETING INFO                                                                                                                                                                                                                                                    | VICINITY    | CONTACT INFO                                          |
|---------------------------------------------------------------------------------------------------------------------------------------|----------|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-------------------------------------------------------|
| <b>"Steps to Serenity"</b><br><b>St. Andrews United Methodist</b><br><b>999 York Road</b><br><br><b>Zoom and F2F meeting</b>          | 10:00 AM | O/S/T/HY | ZOOM Link:<br><a href="https://zoom.us/j/82657697143">https://zoom.us/j/82657697143</a><br>Meeting ID: 826 576 97143<br>Password: serenity<br>Dial-in: (301) 715-8592<br>Meeting ID: 826 576 97143<br>Passcode: 20202                                                                 | Warminster  | <b>Name:</b> Linda<br><b>Phone:</b> (215) 340-7476    |
| <b>"An Evening with OA"</b><br><br><b>Now Zoom only</b>                                                                               | 7:30 PM  | V/O/L/BB | Zoom Link:<br><a href="https://us02web.zoom.us/j/84450618718?pwd=WWV4TEpQSkR1UzICcGpGVHRrcmpkQT09">https://us02web.zoom.us/j/84450618718?pwd=WWV4TEpQSkR1UzICcGpGVHRrcmpkQT09</a><br>Meeting ID: 844 5061 8718<br>Password: serenity<br>Dial-in: (929) 205 6099<br>Passcode: 46050752 | Virtual     | <b>Name:</b> Diane M.<br><b>Phone:</b> (215) 499-3654 |
| <b>OA Elkins Park</b><br><b>Moss Rehab</b><br><b>60 Township Road</b><br><b>Elkins Park, PA</b><br><b>Hybrid- phone and in-person</b> | 7:30 PM  | V/*      | Please call contact # for meeting information                                                                                                                                                                                                                                         | Elkins Park | <b>Contact #:</b><br>267-225-7256                     |
| <b>Friends Meeting House</b><br><b>219 Court St</b><br><b>Newtown, PA</b><br><b>F2F and Zoom</b>                                      | 7:30 PM  | L/O      | Zoom Link:<br><a href="https://us06web.zoom.us/j/83750089218?pwd=Ggbx3KqUq9wSKVpJbBwXJOlebhQe00.1">https://us06web.zoom.us/j/83750089218?pwd=Ggbx3KqUq9wSKVpJbBwXJOlebhQe00.1</a><br>Meeting ID: 837 5008 9218<br>Passcode: 689877                                                    | Newtown     | <b>Name:</b> Ida<br><b>Phone:</b> (215) 932-6028      |

## TUESDAY (6)

| NAME OF MEETING                                                                                                                                                      | TIME     | CODES     | CONFERENCE CALL /ZOOM MEETINGINFO                                                                                                                                                                                                                                                                                           | VICINITY             | CONTACT INFO                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|--------------------------------------------------------|
| <b>"Hope and Serenity"</b><br><b>Emmaus Road Church</b><br><b>2185 Bristol Oxford Valley Rd</b><br><b>Phone Meeting and F2F</b>                                      | 10:00 AM | O/S/HY    | Dial In: (425) 436-6301<br>Passcode: 288935#                                                                                                                                                                                                                                                                                | Levittown            | <b>Name:</b> Elizabeth<br><b>Phone:</b> (267) 229-6624 |
| <b>The Church of the Incarnation</b><br><b>1505 Makefield Road</b><br><b>In-Person (F2F) Only</b>                                                                    | 06:00PM  | O/V       | In Person Meeting (F2F) only                                                                                                                                                                                                                                                                                                | Morrisville          | <b>Name:</b> Ed Mc<br><b>Phone:</b> (215) 337-1873     |
| <b>Women's Body Image Topic Meeting</b><br><b>Wissahickon Valley Public Library, Blue Bell Branch</b><br><b>650 Skippack Pike</b><br><br><b>In-Person (F2F) Only</b> | 6:30pm   | D/C/Y     | This meeting will take place in the small conference room. Once you enter the library, go straight back to the right, there's a sign that says "Staff Area". Go down the hall, and the room is on the left.                                                                                                                 | Blue Bell            | <b>Name:</b> Beth P.<br>Phone: (856) 816-7898          |
| <b>"Freedom in Unity Group"</b><br><br><b>Zoom and Phone</b>                                                                                                         | 7:30 PM  | L/O/*/V/Y | Zoom Link:<br><a href="https://us02web.zoom.us/j/89767811144?pwd=eXFtbiJtWpnUHFPbGl4Unh5a0VaUT09">https://us02web.zoom.us/j/89767811144?pwd=eXFtbiJtWpnUHFPbGl4Unh5a0VaUT09</a><br>Meeting ID: 897 6781 1144<br>Password: Call for password<br>Dial In: (646) 558-8656<br>Meeting ID: 897 6781 1144<br>Passcode: 4161203964 | Virtual (Quakertown) | <b>Name:</b> Aven<br><b>Phone:</b> (215) 804-8250      |

# PHILADELPHIA AREA INTERGROUP OF OVEREATERS ANONYMOUS MEETING LIST

For changes to this list, please email: [Vicechair@oa-phila.org](mailto:Vicechair@oa-phila.org)

The most recent changes are highlighted in **yellow**

**UPDATED: September 17, 2025 (No changes to this list since this date)**

|                                                                                                                                                                  |         |               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                      |                                                      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|------------------------------------------------------|
| <b>"Road to Recovery"</b><br>Emmaus Road Church<br>2185 Bristol Oxford Valley Rd<br><br>*Enter glass double doors on left side of church*<br><b>F2F mtg only</b> | 7:30 PM | SP/O/*/<br>HA | In-Person Meeting (F2F) only                                                                                                                                                                                                                                                                                                                                                                                                                                                | Levittown            | <b>Name:</b> Phil S.<br><b>Phone:</b> (267) 397-0977 |
| <b>"One Day at a Time"</b><br><br><b>Zoom Only</b>                                                                                                               | 7:30 PM | SP/O/*        | Zoom Link:<br><a href="https://us02web.zoom.us/j/84381117566?pwd=MUdhMIRhN0IyeUg5UElvaFJBaUpOQT09http://us02web.zoom.us/j/84381117566?pwd=MUdhMIRhN0IyeUg5UElvaFJBaUpOQT09">https://us02web.zoom.us/j/84381117566?pwd=MUdhMIRhN0IyeUg5UElvaFJBaUpOQT09http://us02web.zoom.us/j/84381117566?pwd=MUdhMIRhN0IyeUg5UElvaFJBaUpOQT09</a><br>Meeting ID: 843 8111 7566<br>Password: <i>humility</i><br>Dial In: (646) 558-8656<br>Meeting ID: 843 8111 7566<br>Passcode: 48695295 | Virtual<br>(Croydon) | <b>Name:</b> Mary T.<br><b>Phone:</b> (215) 805-1731 |

## WEDNESDAY (2)

| NAME OF MEETING                                                                                       | TIME    | CODES | CONFERENCE CALL /ZOOM MEETING INFO           | VICINITY | CONTACT INFO                                        |
|-------------------------------------------------------------------------------------------------------|---------|-------|----------------------------------------------|----------|-----------------------------------------------------|
| <b>"Big Book, Brown Book"</b><br>Church of the Messiah<br><br><b>Phone meeting only</b>               | 9:30 AM | BB/O  | Dial In: (712) 770-5148<br>Passcode: 736943# | Gwynedd  | <b>Name:</b> Janet<br><b>Phone:</b> (215) 353-3883  |
| St. Andrews Evangelical Lutheran Church<br>20 Dill Ave<br>Li'l Peeps Preschool<br><b>F2F mtg only</b> | 7:00 PM | V     | In-Person Meeting (F2F) only                 | Perkasie | <b>Name:</b> Bonnie<br><b>Phone:</b> (267) 318-5513 |

## THURSDAY (3)

| NAME OF MEETING                                                                                                             | TIME     | CODES                 | CONFERENCE CALL /ZOOM MEETING INFO                                                                                                                                                                                                                                                                                                                       | VICINITY                | CONTACT INFO                                          |
|-----------------------------------------------------------------------------------------------------------------------------|----------|-----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------------------------------------|
| <b>"Serenity &amp; Hope"</b><br>Emmaus Road Church<br>2185 Bristol Oxford Valley Rd<br><br><b>Phone Meeting and F2F mtg</b> | 10:00 AM | L/O/HA*<br>/HY        | Dial In: (425) 436-6301<br>Passcode: 288935#                                                                                                                                                                                                                                                                                                             | Levittown               | <b>Name:</b> Jeanne<br><b>Phone:</b> (267) 278-7043   |
| <b>"Fellowship of Hope"</b><br><br><b>Zoom Only</b>                                                                         | 10:00 AM | V:BB/S/T/<br>L/SP/O/* | Zoom Link:<br><a href="https://us02web.zoom.us/j/85939659369?pwd=BPxsWYXa8eJ5CJ7NmzrV5ZMxgACLRL1">https://us02web.zoom.us/j/85939659369?pwd=BPxsWYXa8eJ5CJ7NmzrV5ZMxgACLRL1</a><br>Dial In: (929) 205-6099<br>Meeting ID: 859 3965 9369<br>Passcode: Call meeting contact or request from OAFHQquakertown@gmail.com                                      | Virtual<br>(Quakertown) | <b>Name:</b> Judy McG<br><b>Phone:</b> 215-870-6013   |
| <b>"The Zoom Where it Happens"</b><br><br><b>Zoom and phone meeting</b>                                                     | 7:00 PM  | O/*                   | Zoom Link:<br><a href="https://us02web.zoom.us/j/83277140355?pwd=aVhidndVMXVmcDZUQ3lvQVdyRU5lUT09">https://us02web.zoom.us/j/83277140355?pwd=aVhidndVMXVmcDZUQ3lvQVdyRU5lUT09</a><br>Meeting ID: 832 7714 0355<br>Passcode: Call or text meeting contact<br>Dial in: 312-626-6799<br>Meeting ID: 832 7714 0355<br>Passcode: Call or text meeting contact | Wyndmoor                | <b>Name:</b> Chris N.<br><b>Phone:</b> (720) 934-0985 |

## FRIDAY (3)

| NAME OF MEETING                                                                                                                                    | TIME     | CODES | CONFERENCE CALL /ZOOM MEETING INFO                                                                                                                                                                  | VICINITY   | CONTACT INFO                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------------------------------------|----------|-------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---------------------------------------------------------------------------------------------------------------------|
| <b>"OA Big Book Study"</b><br>St. Andrews United Methodist<br>999 York Road<br><br><b>Zoom and In-Person (F2F)</b><br><b>(Started on 1/3/2025)</b> | 10:00 AM | BB    | Zoom Link:<br><a href="https://zoom.us/j/778911928">https://zoom.us/j/778911928</a><br>Meeting ID: 778 911 928<br>Password: 688966<br>Dial In: (253) 215-8782 or (301) 715-8592<br>Passcode: 688966 | Warminster | <b>Name:</b> Irene<br><b>Phone:</b> (610) 828-6770 (LL)<br><br><b>Name:</b> Suzanne<br><b>Phone:</b> (267) 767-9117 |

# PHILADELPHIA AREA INTERGROUP OF OVEREATERS ANONYMOUS MEETING LIST

For changes to this list, please email: [Vicechair@oa-phila.org](mailto:Vicechair@oa-phila.org)

The most recent changes are highlighted in **yellow**

**UPDATED: September 17, 2025 (No changes to this list since this date)**

|                                                                                                                                           |        |       |                                                                                                                                                                                                                                                                                                                                                                    |           |                                                      |
|-------------------------------------------------------------------------------------------------------------------------------------------|--------|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|------------------------------------------------------|
| Together in Recovery<br>Langhorne Presbyterian Church<br>125 East Gillam Avenue<br>Langhorne, PA 19047<br><br><b>In-Person (F2F) Only</b> | 8:00PM | V/O/* | In-Person (F2F) Meeting Only<br><br>Parking in Rear of Building. Meeting is through the blue door and down the stairs. The first door on the left.                                                                                                                                                                                                                 | Langhorne | <b>Name: Phil S</b><br><b>Phone: (267) 397-0977</b>  |
| "Friday Night Live"<br>Redeemer Lutheran Church<br><br><b>Now Zoom Only</b>                                                               | 8:00PM | V/O/* | Zoom Link:<br><a href="https://us02web.zoom.us/j/84035264820?pwd=Q216a1Q4NDU2amRQeGhPS2FqM3h4QT09">https://us02web.zoom.us/j/84035264820?pwd=Q216a1Q4NDU2amRQeGhPS2FqM3h4QT09</a><br>Meeting ID: 840 3526 4820<br>Password: recovery<br>Dial In: (301) 715- 8592<br>(Washington,DC)<br>(312) 626-6799 (Chicago)<br>(929) 205-6099 (New York)<br>Passcode: 52065956 | Penndel   | <b>Name: Sarah V</b><br><b>Phone: (609) 658-2542</b> |

## Saturday (7)

| NAME OF MEETING                                                                                                                                                                                          | TIME     | CODES  | CONFERENCE CALL /ZOOM MEETING INFO                                                                                                                                                                                                                                                                                                                               | VICINITY     | CONTACT INFO                                                                                                                                   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|--------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| Saturday Morning Men's Virtual Meeting                                                                                                                                                                   | 8am      | M/V/O  | Zoom Link:<br><a href="https://us02web.zoom.us/j/88359094054?pwd=R3FzVFFYS1NzZzB6b250QXdlTUeYQT09">https://us02web.zoom.us/j/88359094054?pwd=R3FzVFFYS1NzZzB6b250QXdlTUeYQT09</a><br>Meeting ID: 883 5909 4054<br>Password: 121212<br>Dial In: 646 558 8656<br>Meeting ID: 883 5909 4054<br>Passcode: 121212                                                     | Virtual      | <b>Name: Jeff S</b><br><b>Phone: 609-610-6193</b>                                                                                              |
| Artman Center<br>250 N. Bethlehem Pike<br>Entrance on Mt. Pleasant Ave<br><br><b>Please call contact person if planning on attending meeting in-person</b>                                               | 8:30 AM  | V/C    | Zoom Link:<br><a href="https://us06web.zoom.us/j/86011213551?pwd=DLRT6CtUpIDiQYzZmn8kU3bpBdl8rj.1">https://us06web.zoom.us/j/86011213551?pwd=DLRT6CtUpIDiQYzZmn8kU3bpBdl8rj.1</a><br>Meeting ID 860 1121 3551<br>Password: 526005<br>Dial In: 646 558 8656<br>Meeting ID: 815 6560 4134<br>Passcode: 526005                                                      | Ambler       | <b>Name: Jacqueline</b><br><b>Phone: (267) 259-4815</b>                                                                                        |
| "One Step at a Time"<br>Willow Grove Baptist Church<br>3600 Welsh Road<br><br><b>First Sat of each month is on Zoom and in-person (hybrid), the rest of the month is a Zoom only mtg</b>                 | 9:00 AM  | S/O/HY | <b>Zoom Info:</b><br>Meeting ID: 825 8910 6215<br>Password: Peace2023<br>Dial-In: 305 224 1968<br>Passcode: #                                                                                                                                                                                                                                                    | Willow Grove | <b>Name: Loren Grace B.</b><br><b>Phone: 609-472-2390</b><br><b>Email:</b><br><a href="mailto:lorribond@verizon.net">lorribond@verizon.net</a> |
| "Step of the Month Meeting"<br>St. Timothy's Episcopal Church<br>5720 Ridge Ave<br>Park free on Ridge Ave or hospital lot<br>Enter at the back of the church, lower level<br><b>Zoom and F2F Meeting</b> | 10:00am  | S/O/HY | Zoom Link:<br><a href="https://us02web.zoom.us/j/83452509983?pwd=WExaUkhKd2s4QT0dThYl0dGL2h1QT09">https://us02web.zoom.us/j/83452509983?pwd=WExaUkhKd2s4QT0dThYl0dGL2h1QT09</a><br>Meeting ID: 834 5250 9983<br>Password: 117368<br>Dial-In: 929 205 6099<br>(There is no passcode for the Dial-in number)<br><b>If inclement weather, mtg will be Zoom only</b> | Roxborough   | <b>Name: Phyllis</b><br><b>Phone: (267) 627-4524</b>                                                                                           |
| "Writing for Recovery"<br>St. Mark's School<br><br><b>F2F Meeting</b>                                                                                                                                    | 10:30 AM | Wr/S   | 1024 Radcliffe St<br>2 <sup>nd</sup> Floor Conference Room                                                                                                                                                                                                                                                                                                       | Bristol      | <b>Name: Tony R.</b><br><b>Phone: (215)788-9046</b>                                                                                            |

# PHILADELPHIA AREA INTERGROUP OF OVEREATERS ANONYMOUS MEETING LIST

For changes to this list, please email: [Vicechair@oa-phila.org](mailto:Vicechair@oa-phila.org)

The most recent changes are highlighted in **yellow**

**UPDATED: September 17, 2025 (No changes to this list since this date)**

|                                                                                                                                                                                                                                           |          |        |                                                                                                  |                   |                                                    |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|--------|--------------------------------------------------------------------------------------------------|-------------------|----------------------------------------------------|
| <b>"I Put My Hand in Yours"</b><br><b>Gloria Dei Church</b><br><b>570 Welsh Road</b><br><b>(Door is locked, call 605-313-4812 when you get to the church)</b><br><br><b>Hybrid mtg starting 1/6/24</b><br><b>(Phone and Face to Face)</b> | 11:00 AM | S/T/*O | If attending by phone:<br>Dial in: 605-313-4812<br>Passcode: 354496                              | Huntington Valley | <b>Name: Donna</b><br><b>Phone: (215) 514-4739</b> |
| <b>Jefferson Methodist Hospital</b><br><b>2301 S. Broad St.</b><br><b>(Corner of Broad and Wolf St.)</b><br><br><b>Face to Face Only</b>                                                                                                  | 11:00am  | V/O    | Mtg is located in the basement of the hospital, past the pharmacy, in the Morgan Conference Room | Philadelphia      | <b>Name: Diana</b><br><b>Phone: (215) 983-1610</b> |

## SUNDAY (2)

| NAME OF MEETING                                                            | TIME    | CODES | CONFERENCE CALL /ZOOM MEETING INFO                                                                                                                                                                                                                                                                                                          | VICINITY   | CONTACT INFO                                                                                                                                                           |
|----------------------------------------------------------------------------|---------|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>"Sunrise Serenity"</b><br><b>Cairncrest</b><br><b>1100 Cathedral Rd</b> | 7:30 AM | O     | In Person Meeting (F2F) only                                                                                                                                                                                                                                                                                                                | Bryn Athyn | <b>Name: Marge R.</b><br><b>Email:</b><br><a href="mailto:russomarge5572@gmail.com">russomarge5572@gmail.com</a>                                                       |
| <b>"Sunday Serenity"</b><br><br><b>Zoom Only</b>                           | 6:00 PM | V     | Zoom Link:<br><a href="https://us02web.zoom.us/j/83201755931?pwd=cnllSk1uU1R3andFOU1EL1VIWE1zZz09">https://us02web.zoom.us/j/83201755931?pwd=cnllSk1uU1R3andFOU1EL1VIWE1zZz09</a><br>Meeting ID: 832 0175 5931<br>Password: <b>Please email (no phone calls)</b><br>Dial In: 929-205-6099<br>Passcode: <b>Please email (no phone calls)</b> | Virtual    | <b>Name: Zach</b><br><b>Phone: 267-918-1171</b><br><b>PLEASE EMAIL FOR</b><br><b>PASSWORD:</b><br><a href="mailto:recoveryphila@gmail.com">recoveryphila@gmail.com</a> |

## CODE LEGEND

| Code | Type of Meeting/Additional                                                  |
|------|-----------------------------------------------------------------------------|
| #    | Babysitting Available                                                       |
| HA   | Handicap Accessible                                                         |
| SP   | Speaker                                                                     |
| *    | Newcomers Meeting Available                                                 |
| L    | Literature Meeting                                                          |
| StWr | Step Writing Meeting                                                        |
| BB   | Big Book Meeting                                                            |
| LHA  | Limited Handicap Accessibility                                              |
| T    | Tradition Meeting                                                           |
| Bg   | Beginner's Meeting                                                          |
| M    | Men's Meeting                                                               |
| V    | Varies                                                                      |
| O    | Open Meeting (Anyone can Attend)                                            |
| Wr   | Writing Meeting                                                             |
| D    | Discussion/Topic                                                            |
| R    | Relapse Meeting                                                             |
| Y    | Young People Welcome                                                        |
| F    | Lunch/Dinner Allowed                                                        |
| S    | Step Meeting                                                                |
| HY   | Hybrid meeting (In Person/Virtual)                                          |
| C    | Closed to observers (open to all with a desire to stop eating compulsively) |