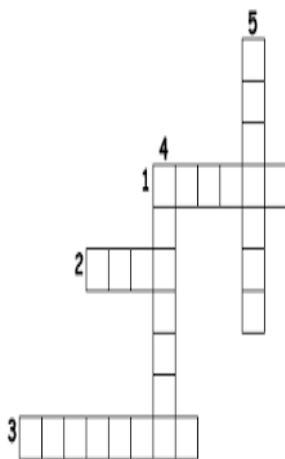




A LONGTERM SOLUTION TO THE
PUZZLE
OF COMPULSIVE OVEREATING!



- ***WHY COMMERCIAL DIET PROGRAMS MAY NOT WORK FOR COMPULSIVE OVEREATERS?***
- ***WHAT QUICK FIXES DON'T OFFER***
- ***WHY PEOPLE KEEP COMING BACK?***

THREE SPEAKERS SHARE THEIR STRENGTH, HOPE AND EXPERIENCE.

TIME FOR SHARING AND QUESTIONS.

IN KEEPING WITH OUR 7TH TRADITION A DONATION OF \$5.00 IS SUGGESTED .

JOIN US ON SATURDAY, JANUARY 10, 2026

10:00 AM – 12:00 PM EST

ZOOM MEETING ID: 228 467 1262

PASSCODE: recovery