

## PHILADELPHIA AREA INTERGROUP (PAIG) MEETING MINUTES – December 3, 2025

Meeting started at: 7:15pm

Roll call / Sign-in sheet – in chat

Establish a Quorum? (3 Board members & 8 Group reps) – YES

**Upcoming Events: Save the dates!** (see event flyers @ <https://oa-phila.org/#events> and <https://oa.org/event-calendar/>)

- **Abstinent Holidays: Relationships in Recovery** – December 10, 2025, 2-4pm ET, Zoom meeting ID: 872 2426 6514, Passcode: 802789
- **Gratitude Share-a-Thon** – December 11, 2025, 7-8:30pm ET, Zoom meeting ID: 863 7071 7790, Passcode: 654321
- **Relapse is Not Contagious, But Recovery Is** – December 12, 2025, 7-9pm ET, sponsored by Region 5, Zoom meeting 860 512 7192, Passcode: 883975
- **Practicing the Principles: Extending Our Hearts and Hands to Our Fellows** – December 12, 2025, 7:30-9pm ET, Zoom Meeting ID: 827 7143 2421, Password: Recovery12
- **Abstinence Through the Holidays** – December 13, 2025, 2-4pm ET, Zoom Meeting ID: 885 1413 2388, Passcode: 121027
- **Candlelight Promises Meeting** – December 13, 2025, 8-10pm ET, Zoom Meeting ID: 881 2598 0361, Passcode: 820441
- **12 Steps in 12 Days To a Serene '26** – December 20-31, 2025, 10-11pm ET. Register here: <https://forms.gle/f9VUxGTgrxyTHEMD8> (attending all 12 days is not required)
- **Divine Dreams in December** – December 21, 2025, 1-3pm ET, sponsored by North Jersey Intergroup, Zoom meeting ID: 840 8195 8572, Passcode: 803054
- **A Longterm Solution to the Puzzle of Compulsive Overeating** – January 10, 2026, 10am-12pm ET, sponsored by South Jersey Intergroup, Zoom Meeting ID: 228 467 1262, Password: recovery
- **66<sup>th</sup> Annual OA Birthday Party** – January 16-18, 2026, LAX Hilton, Los Angeles, CA – register at <https://www.oalaig.org/66th-oa-birthday-party>
- **Step Study Workshop: OA Creative Reprieve Way** – January 20 – April 28, 2026, Tuesdays, 6-8pm ET. Advance registration required: <https://www.oacr.net/oacr-way-step-studies.html>

**This Month's Principle (#12) in the Twelve Steps – SERVICE** – Alice shared

### Intergroup Inventory

**Do we address the specific needs of our members, e.g., young people or the physically challenged, and try to find ways to meet their needs without isolating them?**

Discussion about representation of groups that feel under-represented (i.e. physical or mentally challenged, anorexics). Used to have A/B meetings. Also, does that qualify them to be in key service positions? Above meeting level, need to be inclusive especially with members speaking different languages.

### Questions/Issues from Groups:

Laura L. brought up issue of young person who attends the Monday morning Warminster meeting. Difficult to relate since average age of the group is late 60s. How do we make it more attractive to young people?

Discussion of resources (i.e. young person's meetings online) + personal experiences ensued. Suggested to show up where young people are. Focus on the message.

## **BOARD REPORTS**

### **Chairperson (Shari B):**

### **Vice Chairperson (Pat S):**

Sent out new meeting list that has 1 new meeting on Wednesday nights. Any other changes, please contact Pat.

### **Treasurer (Phil S):**

Prev Total Balance: \$6,906.30

Income: \$653.98

Expenses: \$215.07

Total Balance: \$7,345.21

Prudent Reserve + Delegate Savings Fund: \$1,000 + \$2,160.00

Total Operational Balance: \$4,185.21

Will allocate amount for PI/PO ads later.

Motion to approve Treasurer's Report by Chris N, seconded by Pat S. Approved.

### **Secretary (Natasha M): *Excused***

Meeting minutes were sent out earlier today. No time for anyone to review.

Meeting is being recorded and will be transcribed.

## **WORLD SERVICE & REGION 7 REPORTS:**

### **WSBC Delegate A (Trish M):**

In this month's AWARE, a call to action to submit stories for new secular reader. Trish is on the Conference Approved Literature Committee for World Service, sub-committee for a secular daily reader. For people who don't identify with the traditional Judeo-Christian traditions and subscribe to a different spiritual thought process.

The other item committee is working on is a motion to go to WSBC. Motion is to introduce a serenity statement as an option for closing prayers. Instead of "Grant me the serenity...", change to "We seek the serenity..." First, the motion will be sent to service bodies to vote on whether to bring it up for discussion at 2026's WSBC.

### **Region 7 Rep C (Natasha M): *Excused***

Last month she gave Region 7 Fall Assembly notes.

## **COMMITTEE REPORTS:**

### **AWARE (Chris N):**

This month includes 3 stories from members. Really makes a difference. Also, have a pet story, highlights from World service, new meeting, and upcoming events. Looking for more stories to feature in next month's issue.

**Program (Jean M):**

Thinking about sending out a survey of workshop topics + would you attend in-person event? Or only on Zoom? Days/time windows. Shari can create a web survey and send out to PAIG's Google group. Would just need the questions.

Suggested topics: Sponsorship, service, tools. Need to be creative about workshops on sponsorship to get people to come. Something like "Paying it Forward" or something with a catchier title. Would need available sponsors. A tricky workshop to put on.

Other suggestions: workshops that address practical applications such as making abstinence portable, attending parties, how to travel, how do you apply Program to your life. How to pick a food plan (i.e. sober eating).

**Retreat 2025 (Chris N):**

Had wrap-up meeting. Retreat was a success. Next year's retreat is September 25-27, 2026 at Malvern Retreat Center

**PI/PO (Alice P & Anthony H):**

Putting up flyers.

Put classified ad in Uptight Suburbanite for free for 3 months. Simple text (no graphic).

Alice pulling back a little bit.

Anthony also putting up a lot of flyers, sometimes multiple times as sometimes flyers were taken down. Penny Power is a magazine that covers Lehigh Valley area. In stores on racks. Brought Anthony back to OA when someone from FoH meeting placed ad years ago. Wants to place 6" ad (one that Alice texted him) - \$67.50/week. 22,000 people circulation / month.

Anthony made motion to spend a maximum \$350 on placing an ad for 5 weeks. Ed M seconded motion. Motion unanimously carried. To start in January.

May want to look into doing/placing digital ads too. TikTok videos as well. Will help to attract young people.

**Speaker List (Laura L):**

A little slow this past month. Received 1 request for the list. Announce at meetings that lists are available and if someone wants to be on the list, to contact Laura. There are 2 lists – PAIG and Region 7.

A Vision 4 You has a speaker list on their website as well (<https://avision4you.info>).

**Communications (Ed Mc):**

Received 1 call, called back and gave information re: meeting list. Heard about OA through the Library.

**Web (Shari B):**

Flyers, meeting minutes, and AWARE have been posted. Thinking about adding a "Resources" section on the front page. If have suggestions or flyers to post, let Shari know.

**7<sup>th</sup> TRADITION –**

Donations via PayPal can be sent to [treasurer@oa-phila.org](mailto:treasurer@oa-phila.org)

## OLD BUSINESS

- **UPDATE on PAIG Bylaws and Policy Manual** – Sub-committee meeting on December 9<sup>th</sup>. Will present proposed changes in January and voted on in February
- **UPDATE on Local Literature Endeavor / “Into Action” committee** – do we carve out time during monthly meetings to work on this? Can carve out 15 minutes and forego spiritual principle and intergroup inventory. We’ll give it a try in the new year.

## NEW BUSINESS

- Look at treasury. Any excess funds to donate to World Service? No, keep money inhouse for now. Use on PI/PO efforts. Can debate this at a later date.
- Annual appeal letter from Virtual Region – pitched during Chairperson’s report
- Check-in with Committee Chairs in advance of 2026 – nothing further to report

Closed with Serenity Prayer

Meeting adjourned at 8:34pm

## NEXT MEETING:

Wednesday, January 7, 2026 @ 7:15 PM

**Zoom Link:** <https://zoom.us/j/3477212196>

Meeting ID: 347 721 2196 **Passcode:** 724462

**Dial In:** 1 301-715-8592 **Meeting ID:** 347 721 2196#