

OA's Friday Night Live presents...

Freedom from Bondage

a workshop to release us from the
chains of compulsive eating

Saturday February 14th, 2026

1-3pm EST



Zoom id: 840 3526 4820

PWD: recovery

Suggested 7th tradition donation: \$5

Remember we need you more than your money

Venmo @sarahmvogel , PayPal sarahmvogel

Contact Sarah V at 609-658-2542 for information or
for more options on how to give your 7th tradition