

OA Connecticut IG is hosting a virtual workshop



# “But I’m Too Busy”

Fitting Program Into Our Lives

- Making Time for Recovery
- Overcoming Excuses
- Finding Balance

**Saturday, March 7th • 2-4pm**

 Zoom Meeting ID: 872 0239 2426

 Passcode: 622844

 **OVEREATERS  
ANONYMOUS®**  
**Connecticut Intergroup**  
[www.connecticutoa.org](http://www.connecticutoa.org)

For more info contact Cheryl 407-415-8267